

## INSTRUCTIONS FOR ASSISTING AN EMERGENCY

This document is provided by the RRGCC and is intended for use during serious injury situations that require evacuation. This document does not provide first aid instructions, but guidance in helping guide emergency crews to the climbing location. Please leave this document in the tube in which you found it. Removing it is a REALLY BAD THING and could delay getting appropriate help in time of an emergency.

IP = Injured Person

1. **BE CALM.** You are the key person to get help here, your communication is very important to the IP. Before you do anything, take a breath and calm down. Now let's get to work!
2. **Is there a certified WEMT, WFR, WFA, or other medical provider around?**  
Ask around for help. Always defer treatment decisions to the person with the highest certification. Never give treatment that exceeds what you know.
3. **Keep the IP still,** especially if the accident has potentially caused a spinal injury. With permission, stabilize the IP's head to prevent movement of head, neck and spine.

4. **Assess the situation** to provide information to emergency dispatch.

a. <i>Important:</i> Is the IP hanging at a height or on the ground? If hanging, contact Rick Weber at number listed in Step 8.	b. Can the victim walk? (if so, consider taking the IP to the nearest emergency room immediately – see Step 8).
c. Is the IP conscious?	d. Is the IP breathing?
e. Is there blood? Where is the IP bleeding?	f. Can the IP speak? Does the IP make sense?
g. Where does the IP hurt?	

5. **Calling for help**

Do you have cell service?

- No? With this page, go find an area to get phone reception and do not delay. Time is critical.
- Yes? **Call 9-1-1.** Speak clearly and be specific
  - a. Tell the dispatcher that you are in Lee County and need a Lee County dispatcher (cell towers may send your call to another county).  
Lee County Dispatch: (606)464-4111 or Beattyville Ambulance: (606)464-4125
  - b. Request an ambulance and Search and Rescue (SAR) team be dispatched to your location.

6. **Directions to your location.**

- EMERGENCY CREWS DO NOT UNDERSTAND CRAG NAMES as location references. Please provide the following information:

<b>County:</b>	Lee County		
<b>General Area or Hollow:</b>	Coal Bank Hollow	<b>GPS Coordinates:</b>	
<b>Specific Directions:</b>	1.	From <b>Mirey Rd</b> in Beattyville, turn <i>right</i> on <b>52</b> and drive north <b>4.4 miles</b> to 498.	
	2.	Turn <i>right</i> on <b>498</b> and drive <b>3.5 miles</b> to 11.	
	3.	Turn <i>left</i> on <b>11</b> and drive <b>4.2 miles</b> to <b>Fixer Road</b> on your left (.7-.8 mile after Koops).	
	4.	Drive <b>.2 mile</b> to turn on the left. Note: Look for a sign pointing to "Peaceful Valley Resort".	
	5.	From the turn, drive <b>3.7 miles</b> to a turn on the right with a sign designating, "Coal Bank Hollow." The turn is across from a tank with a smiley face.	
	6.	Turn <i>right</i> and follow this road all the way to a parking lot. You will pass other roads along the way, but continue along this road for <b>.4 mile</b> until you reach a parking lot.	

7. **Meeting the Emergency Crew**

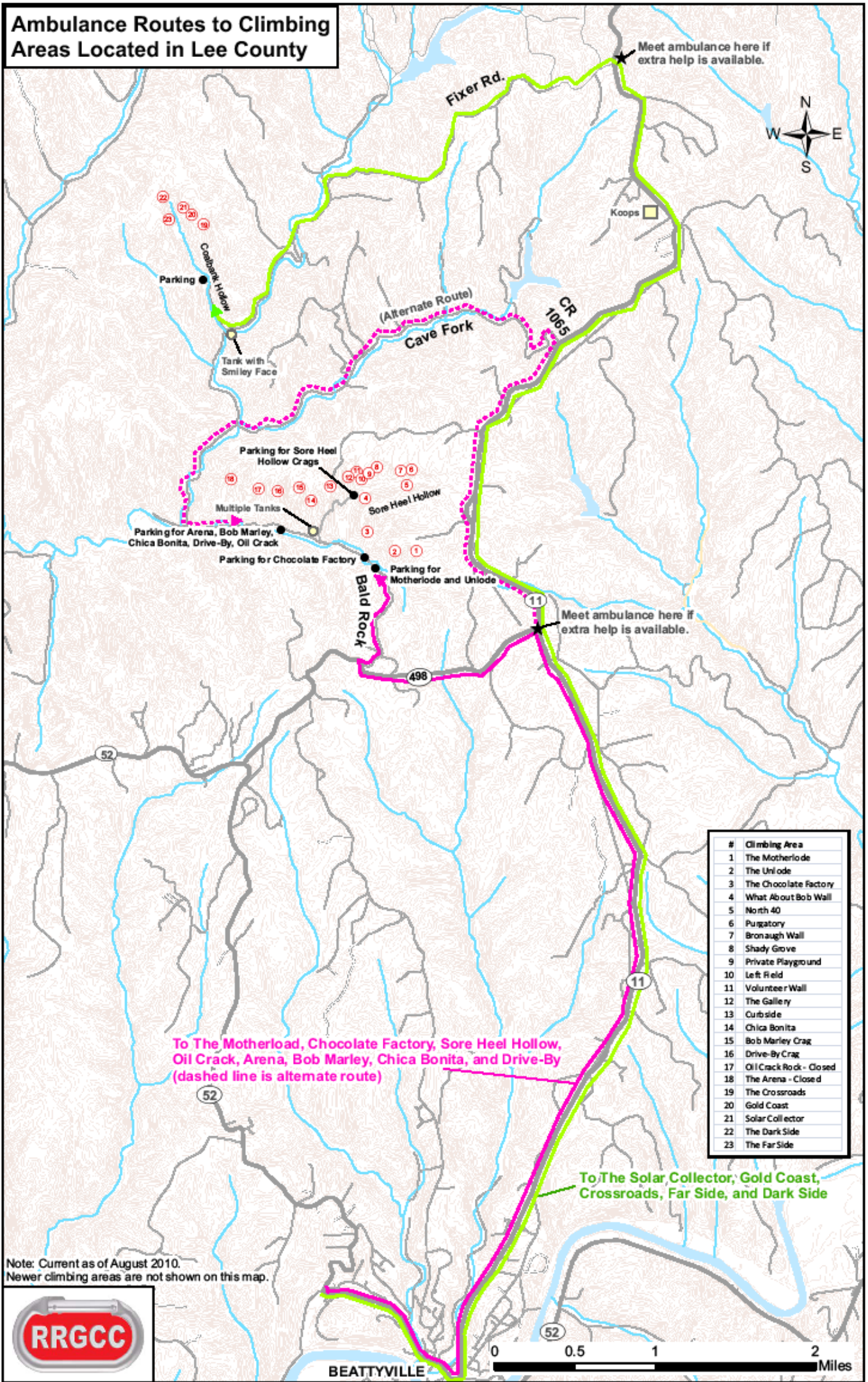
Where will you meet the emergency crew?

- *Best Option:* Send a driver to the main road at **Fixer Road/Highway 11** intersection to guide the crew to the parking lot.
- Meet the emergency crew at the parking lot for the climbing area.

8. **Other important information:**

Nearest Emergency Medical Care <i>Mileage approximate from Beattyville, Kentucky</i>	Marcum Wallace Hospital in Irvine ( <b>23 miles</b> ): (606)723-2115 Kentucky River Medical Center in Jackson ( <b>25 miles</b> ): (606) 666-6000 St. Joe East in Lexington ( <b>74 miles via Mtn Pkwy</b> ): (859)967-5000 Urgent Treatment Center in Lexington ( <b>75 miles</b> ): (859)233-4882 University of Kentucky Hospital in Lexington ( <b>76 miles</b> ): (859)323-5000
Additional Phone Numbers for Help <i>Call 9-1-1 first!</i>	Rick and Liz Weber 1. (606)668-9066 2. (317)402-0118 3. (317)402-0123

# Ambulance Routes to Climbing Areas Located in Lee County



#	Climbing Area
1	The Motherlode
2	The Unlode
3	The Chocolate Factory
4	What About Bob Wall
5	North 40
6	Purgatory
7	Bronaugh Wall
8	Shady Grove
9	Private Playground
10	Left Field
11	Volunteer Wall
12	The Gallery
13	Cutside
14	Chica Bonita
15	Bob Marley Crag
16	Drive-By Crag
17	Oil Crack Rock - Closed
18	The Arena - Closed
19	The Crossroads
20	Gold Coast
21	Solar Collector
22	The Dark Side
23	The Far Side

To The Motherlode, Chocolate Factory, Sore Heel Hollow, Oil Crack, Arena, Bob Marley, Chica Bonita, and Drive-By (dashed line is alternate route)

To The Solar Collector, Gold Coast, Crossroads, Far Side, and Dark Side

Note: Current as of August 2010. Newer climbing areas are not shown on this map.

