

ROCK FEST 23 TOBER

SINGLE CRAG SELECT
KENTUCKY STRAIGHT SANDSTONE



ROCKTOBERFEST CLINICS

SPECIAL THANKS TO BLUEGRASS CLIMBING SCHOOL FOR SUPPORTING OUR CLINICS FOR ANOTHER YEAR!

CHECK-IN TIMES

ATHLETES & VOLUNTEERS | 8:30 AM

CLINIC ATTENDEES | 9:00 AM

DEPARTURE | 9:30AM



PLEASE BRING YOUR OWN EQUIPMENT SUCH AS SHOES, HARNESS, BELAY DEVICE, ROPE, QUICKDRAWS AND/OR TRAD GEAR (IF APPLICABLE).

ALL PARTICIPANTS ARE REQUIRED TO WEAR HELMETS DURING THE CLINICS. BLUEGRASS CLIMBING SCHOOL WILL BE PROVIDING HELMETS, IF NEEDED.

PRE-REGISTRATION REQUIRED



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SATURDAY | \$50

WOMEN ROCK INTRO | HANNAH KEARSE | Bluegrass Climbing School

Who should take this clinic? Those interested in transitioning from indoor to outdoor climbing through a group of adventurous & outgoing women, instead of those gym bros who only want a belay on their sickest new proj. Participants should be comfortable top rope belaying and climbing at a minimum.

Description: This introductory women's course bridges the gap between indoor and outdoor climbing. You will gain the skills, experience, community, and confidence to expand your rock climbing horizons and become a more self-sufficient climber.

INTRO TO TRAD CLIMBING | TRAVIS SAPP | Bluegrass Climbing School

Who should take this clinic? Aspiring trad leaders, participants should have basic sport climbing knowledge but do not need any trad experience.

Description: This clinic will explore many common pieces of trad gear with the goal of understanding the criteria for solid placements. You can expect to learn about and practice placing gear in a top-rope setup as well as in a "ground school" setting. Climbers should already understand basic lead climbing skills (i.e. clipping, lead belaying, etc.)

CLIMBING, CHATTING, & CRAFTING | SAM ELIAS | The North Face

Who should take this clinic? Any climber looking for a casual outing to climb, chat, hang out, and create a little piece of art to take home. All required materials will be provided. No art experience necessary!

Description: Bring curiosity and questions for this casual outing of exploration through your own climbing and creativity. Hang out and chat with professional climber, Sam Elias, while enjoying a day of climbing and painting at the crag.



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SATURDAY | \$50

CLIMBING IS FOR EVERY BODY! | DREW HULSEY | *La Sportiva*

Who should take this clinic? Any new & first-time climbers who want to get out and climb some fun routes with other novice and experienced climbers alike. Along with anybody who just wants to check out new easy & moderate routes.

Description: To encourage anybody who is interested in climbing, new to climbing, or has been doing it for years, to get out and have a fun session exploring the Red and its fun easy & moderate routes. No experience or requirements necessary!

INTRO TO OUTDOOR SPORT | DAVID BALL | *Southeast Mountain Guides*

Who should take this clinic? Have you been climbing indoors or simply top-roping for awhile? This may be the clinic for you! Prior climbing experience is needed. We recommend a minimum of 6 months climbing experience. You should be comfortable with basic climbing movements and ideally be able to tie-in and belay.

Description: Focus on the essentials to transitioning from indoor to outdoor climbing (or simply from top-roping to lead climbing outside) as you learn the ins and outs of quickdraws, clipping, climbing between bolts, and route/anchor cleaning.

STICKCLIP MASTERCLASS | ANN MARIE | ANNA VOLK | *Country Boy Brewing*

Who should take this clinic? Anybody looking to learn all the intricacies of stick clipping & those advanced redpointing tactics that don't actually involve any rock climbing.

Description: Always get to the top of your proj! Never leave gear again! Learn the dark art of stick clipping in this next level clinic taught by the best quickdraw wranglers this side of the Mississippi. But wait, there's more...register right now for half price, only \$25!



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SATURDAY | FREE

LGBTQ+ AFFINITY CLIMBING MEETUP | CAT RUNNER | RRGCC

Who should take this clinic? Any LGBTQIA2S+ climbers who want to climb, chat, and hang with others in the queer climbing community. All experience levels welcome; proficiency in top rope belay skills recommended.

Description: Come as you are to this meetup that celebrates a collective love for climbing, community, and self. Spend the day with other LGBTQIA2S+ climbers and explore the Red's easy and moderate routes. This clinic is open to anyone who identifies as LGBTQ+ or questioning and will be accompanied by two allies, serving as clinic marshals.

Learn more about the RRGCC's education, DEI & outreach initiatives on our website: <https://rrgcc.org/outreach-and-education/>



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SUNDAY | \$50

LEARN TO LEAD | CRAIG DEMARTINO | Arc'teryx

Who should take this clinic? Beginner climbers who want to transition from top-roping or gym climbing to taking the sharp end and leading routes outdoors.

Description: Come and learn the basics of outdoor lead climbing. You will learn proper clipping, stick clipping, and how to fall safely while enjoying the sharp end. Climbers should have experience climbing outside and the desire to expand their climbing skills.

MULTI-PITCH TRANSITIONS | ERIK KLOEKER | Bluegrass Climbing School

Who should take this clinic? Those new to multipitch, as well as multipitch veterans looking to polish their skills. This is an intermediate level course, participants should have a good working knowledge of basic climbing systems.

Description: Climb faster on long routes without sacrificing security! This clinic will explore the techniques and planning necessary to make things run smoothly on multi-pitch routes. Topics covered include rope management, anchoring and belaying from above, as well as descent considerations. This clinic will be held close to the ground, climbing routes will not be the primary focus.

CRACK CLIMBING CRASH COURSE | LIL PRIBS | Bluegrass Climbing School

Who should take this clinic? Novice or intermediate trad climbers looking to expand their repertoire of crack climbing movements.

Description: Hand jams, ring locks, stacking, and stemming. Learn the variety of techniques necessary to tackle finger cracks, offwidths, and everything in between.



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SUNDAY | \$50

INTRO TO TRAD | MATT ROBINSON | *Southeast Mountain Guides*

Who should take this clinic? New to trad or always interested but haven't taken any steps to learn yet? This introduction to trad climbing may be the clinic for you! No prior trad climbing experience is required but it is highly recommended to have been climbing in some capacity for a minimum of 6 months.

Description: Learn the basics of trad gear and placement while climbing some beginner friendly to moderate trad routes. Recommended, but not necessary, items include rope, belay device, chalk, and trad gear such as cams, stoppers, and alpine slings.

BASIC WILDERNESS FIRST AID | DAVID FIFER | *RedSTAR EMS*

Who should take this clinic? Anyone interested in learning basic wilderness first aid, CPR skills, or those who need a refresher in the aforementioned topics.

Description: Topics covered will include initial response to ill or injured individuals, bleeding control, splinting, patient lifts & carries, and CPR. Not intended to provide certifications in these skills.

HANGING WITH THE PROS | SAM ELIAS & RUSS CLUNE | *Black Diamond*

Who should take this clinic? Any climber looking for a casual outing to climb and hang out with legendary Russ Clune and BD athlete Sam Elias. Must be able to comfortably climb 5.10 outside and be proficient in lead belay techniques.

Description: Casual climbing and chatting with legend Russ Clune and pro climber Sam Elias. Come psyched to hang out, ask questions, and climb some classic Red River Gorge pitches.

