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ROCKTOBERFEST 24

OCTOBER 9TH - 13TH

ROCKTOBERFEST CLINICS

SPECIAL THANKS TO BLUEGRASS CLIMBING SCHOOL FOR SUPPORTING OUR CLINICS FOR ANOTHER YEAR!

CHECK-IN TIMES

ATHLETES & VOLUNTEERS | 8:30 AM

CLINIC ATTENDEES | 9:00 AM

DEPARTURE | 9:30AM



PLEASE BRING YOUR OWN EQUIPMENT SUCH AS SHOES, HARNESS, BELAY DEVICE, ROPE, HELMET, QUICKDRAWS AND/OR TRAD GEAR (IF APPLICABLE).

ALL PARTICIPANTS ARE REQUIRED TO WEAR HELMETS DURING CLINICS.

PRE-REGISTRATION REQUIRED





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SATURDAY | \$50

CRACK CLIMBING CRASH COURSE | LUCHO RIVERA | *La Sportiva*

Who should take this clinic? Novice or intermediate trad climbers looking to expand their repertoire of crack climbing movements.

Description: Hand jams, ring locks, stacking, and stemming. Learn the variety of techniques necessary to tackle finger cracks, offwidths, and everything in between. There may even be some additional multipitch tactics thrown in as well, time permitting.

INTRO TO TRAD CLIMBING | TRAVIS SAPP | *Bluegrass Climbing School*

Who should take this clinic? Aspiring trad leaders, participants should have basic sport climbing knowledge but do not need any trad experience.

Description: This clinic will explore many common pieces of trad gear with the goal of understanding the criteria for solid placements. You can expect to learn about and practice placing gear in a top-rope setup as well as in a “ground school” setting. Climbers should already understand basic lead climbing skills (i.e. clipping, lead belaying, etc.)

MULTI-PITCH TRANSITIONS | *Pinnacle Mountain Guides*

Who should take this clinic? Those new to multipitch, as well as multipitch veterans looking to polish their skills. This is an intermediate level course, participants should have a good working knowledge of basic climbing systems.

Description: Climb faster on long routes without sacrificing security! This clinic will explore the techniques and planning necessary to make things run smoothly on multi-pitch routes. Topics covered include rope management, anchoring and belaying from above, as well as descent considerations. This clinic will be held close to the ground, climbing routes will not be the primary focus.





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SATURDAY | \$50

WEEKEND WARRIOR PROJECTING | JONATHAN HÖRST | *La Sportiva*

Who should take this clinic? Individuals who are focused on projecting and sending at their limit while on the tight schedule of weekend warriors. Climbers who wish to take this clinic should be proficient in climbing 5.11 grades.

Description: Address tactics of how to efficiently work a route, dial in the beta, and eventually send having only limited days at the crag, something Jonathan has learned through his time as a weekend warrior for nearly his climbing career. This will also cover how to plan training and climbing days during the week to stay strong but also be prepared for a weekend outside.

INTRO TO OUTDOOR SPORT | MATT ROBINSON | *Southeast Mountain Guides*

Who should take this clinic? Have you been climbing indoors or simply top-roping for awhile? This may be the clinic for you! Prior climbing experience is needed. We recommend a minimum of 6 months climbing experience. You should be comfortable with basic climbing movements and ideally be able to tie-in and belay.

Description: Focus on the essentials to transitioning from indoor to outdoor climbing (or simply from top-roping to lead climbing outside) as you learn the ins and outs of quickdraws, clipping, climbing between bolts, and route/anchor cleaning.

SPORT CLIMBING TACTICS | ABIGAIL HUMBER | *Sterling Ropes*

Who should take this clinic? Intermediate to advanced sport climbers who want to improve their climbing performance through tactics to optimize efficiency on the wall. Participants should be comfortable leading routes 5.11 or above.

Description: Participants will learn about route reading, efficient movement & clipping, mental preparation, how to best optimize every attempt, and more! Whatever route you are trying, these tactics can really make a difference!





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SATURDAY | \$50-\$75

PICNIC ON A PORTALEDGE | BABSI & JACOPO | Black Diamond | \$75

Who should take this clinic? Those with basic trad, sport, and multipitch climbing skills who are looking to get into big wall adventures!

Description: Living on the wall is beautiful, but not simple at all. Logistics can be rather complex and require plenty of time, energy and experience to be managed. Hang out with Black Diamond athletes, Babsi and Jacopo, where you will get a glimpse of what it takes to live several days on a wall. Learn how to set up a portaledge, haul gear, and other general tactics and techniques.

THE NEED FOR SPEED | HANS FLORINE | Cliffview | \$50

Who should take this clinic? Those looking to hone in their multipitch skills for increased efficiency in the mountains. This is an intermediate level course, participants should have a good working knowledge of basic climbing systems.

Description: Strong anchors and speedy transitions make big days in the #alpine run smoothly! This clinic will focus on intermediate to advanced anchors for single and multipitch climbing using bolts, rock protection (cams, nuts, etc.) and natural features (horns, trees). Secondly, the clinic will focus on speed and efficiency during multipitch transitions, whether leading in blocks or swapping leads.

Additional exclusive 'NEED FOR SPEED' clinic available Friday | \$100

4 SPOTS ONLY! Includes a copy of Hans Florine's book, 'On the Nose'



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ROCKCUMBEREST 24

OCTOBER 9TH - 13TH

SATURDAY | FREE

LGBTQ+ AFFINITY CLIMBING MEETUP | *Queer Climbing Columbus*
Who should take this clinic? Any LGBTQIA2S+ climbers who want to climb, chat, and hang with others in the queer climbing community. All experience levels welcome; proficiency in top rope belay skills recommended.

Description: Come as you are to this meetup that celebrates a collective love for climbing, community, and self. Spend the day with other LGBTQIA2S+ climbers and explore the Red's easy and moderate routes. This clinic is open to anyone who identifies as LGBTQ+ or questioning and will be accompanied by two allies, serving as clinic marshals.

Learn more about the RRGCC's education, DEI & outreach initiatives on our website: <https://rrgcc.org/outreach-and-education/>





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SUNDAY | \$50

LEARN TO LEAD | CRAIG DEMARTINO | Arc'teryx

Who should take this clinic? Beginner climbers who want to transition from top-roping or gym climbing to taking the sharp end and leading routes outdoors.

Description: Come and learn the basics of outdoor lead climbing. You will learn proper clipping, stick clipping, and how to fall safely while enjoying the sharp end. Climbers should have experience climbing outside and the desire to expand their climbing skills.

MULTI-PITCH TRANSITIONS | ERIK KLOEKER | Bluegrass Climbing School

Who should take this clinic? Those new to multipitch, as well as multipitch veterans looking to polish their skills. This is an intermediate level course, participants should have a good working knowledge of basic climbing systems.

Description: Climb faster on long routes without sacrificing security! This clinic will explore the techniques and planning necessary to make things run smoothly on multi-pitch routes. Topics covered include rope management, anchoring and belaying from above, as well as descent considerations. This clinic will be held close to the ground, climbing routes will not be the primary focus.

GYM-TO-CRAG | MELANIE ROBERTSON | Bluegrass Climbing School

Who should take this clinic? Beginner climbers who want to transition from climbing in a gym to climbing outside.

Description: Climbing outside for the first time can be a little intimidating. Take the skills you have learned in the gym and apply them to an outdoor setting. Also learn the additional skills you will need to be successful outside like cleaning anchors, stick clipping, reading a guidebook, picking routes, outdoor climbing ethics and considerations.





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SUNDAY | \$50

INTRO TO TRAD | CHRISTIAAN BECK | Southeast Mountain Guides

Who should take this clinic? New to trad or always interested but haven't taken any steps to learn yet? This introduction to trad climbing may be the clinic for you! No prior trad climbing experience is required but it is highly recommended to have been climbing in some capacity for a minimum of 6 months.

Description: Learn the basics of trad gear and placement while climbing some beginner friendly to moderate trad routes. Recommended, but not necessary, items include rope, belay device, chalk, and trad gear such as cams, stoppers, and alpine slings.

CLOTHING & GEAR REPAIR BASICS | SPENCER SIEFKE | Wabi Wear Repair

Who should take this clinic? Anyone who wants to maintain the gear that has taken them on many adventures in life; it would surely be a disservice to replace them now! The class is targeted in basic repair on and off the trail (or wall).

Description: Learn the basics of stitching, patching holes in sweaters, puffy repair and maintenance, zipper replacement, and sole spot or delamination repair for sandals, boots and climbing shoes.

WOMXN'S PROJECTING CLINIC | TARA DECAMP | RRGCC

Who should take this clinic? Womxn who are comfortable and competent lead climbing and lead belaying who want to explore their limits and push the boundaries of their climbing but haven't taken a deep dive into projecting yet.

Description: Join local ladies experienced and successful in the projecting process for a clinic on how to tackle limit climbing! Whether your barriers are physical, mental, technical, or tactical, we will cover a range of tips and techniques to expand your tool-kit and get you on the path to successful projecting and sending in an inclusive and non-judgmental environment.

